

**King Conservation District**  
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## **Free urban family farm tour in Renton showcases sustainability and healthy food production on October 2**

RENTON—Sustainable family farming in an urban setting will be showcased in a free farm tour conducted by the King Conservation District and Horses for Clean Water on Saturday, October 2, from 10 am to noon in Renton.

Located on a five-acre working family farm, the educational tour spotlights ways to reduce chemical use, ideas for cost-savings on food production, low-tech gardening techniques such as chicken tractors and rain water harvesting, and how children can be an important part of the chore and animal-care routine.

This event is free of charge but attendees must pre-register as space is limited. To register and receive directions to the event, contact the King Conservation District at 425-282-1949 or [signup@kingcd.org](mailto:signup@kingcd.org).

The host farm family for the event has learned to grow and raise food lower in chemicals and artificial ingredients. Their journey in organics and sustainability brought them to finding ways to produce their own healthy food utilizing only their yard, garden, lawn and wooded areas. Today they raise goats and Dexter cows for meat, milk and cheese; chickens, ducks and geese for eggs and meat; vegetable gardens and fruit trees for produce; bees for pollination and honey; and they graze all grassy areas.

For more information on the programs and offerings of the King Conservation District, visit [www.kingcd.org](http://www.kingcd.org)

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